

GUIDELINES FOR WORKING ALONE

- ESPECIALLY OUTSIDE AU FOOD CORE WORKING HOURS (07.30-16.30)

Always use common sense and consider the risk involved of the task you need to do

- Plan the work so that you do not do risky tasks, if you work alone
- Make sure that somebody (family/friend - maybe a colleague) knows that you are at work (period and where in the building/field) and working alone
- Arrange with family/friend that you contact them when you leave work or at specific times during the agreed period
- Arrange with a colleague that you can give their phone number to a family member etc. so they know who to contact if they cannot get in contact with you during or after the agreed period

Please note: Handling or working with toxic or hazardous chemicals is not allowed when working alone / working outside AU FOOD core working hours

Regarding interns, MSc and BSc students, it should be agreed/approved by the supervisor if working alone is relevant and needed, depending on the student project.